



**Alliance for Strong Families and Communities
National Agency of the Year**

SNAP® at Auberle

The SNAP® (Stop Now and Plan) Program for young boys and the SNAP® Girls Program are designed for children ages 6–11 who are participating in antisocial behavior and/or have come in contact with police as a result of their own behavior.

SNAP® helps children and parents deal effectively with anger by teaching them how to respond in a way that makes their problems smaller, not bigger. With help and practice, children and parents are able to stop, calm down and generate positive solutions at the 'snap of their fingers.'

Children and their families may participate in the following program components (based on their needs) with the goal of preventing future antisocial behavior and reducing the chances of becoming in conflict with the law. Experienced and highly trained staff work together with you to assess the problems and create an action plan.

Components of SNAP®

SNAP® BOYS' GROUP/ GIRLS' GROUP

As the core component, boys/girls attend group sessions led by two energetic staff once a week for 12 weeks. Fun and interactive activities such as role-play and games address a variety of topics such as stopping stealing, bullying and apologizing, and give the boys and girls strategies to use in their daily lives.

SNAP® PARENTS' GROUP

Like the SNAP® Boys'/Girls Group, the parent group meets weekly for 12 consecutive weeks and offers parents the chance to learn effective child management techniques as well as to connect with other parents facing similar challenges.

INDIVIDUAL BEFRIENDING

Additional one-on-one support from trained staff to help child integrate SNAP® strategies learned in groups into everyday interactions, enhancing problem solving and practical application skills.

SCHOOL ADVOCACY

Helps parents ensure that their children receive the best possible education. Every child's teacher is visited at least once.

HOMEWORK CLUB

Academic tutors are available for SNAP® children functioning well below grade level. Weekly one-hour tutoring sessions with specially trained volunteers are held.

VICTIM RESTITUTION

Encourages children to apologize to their victim and redress their mischief. An apology letter or some form of community service are typical ways we promote prosocial behavior.

LONG TERM CONNECTIONS

Include parent alumni groups, family support nights, parents as volunteers, a weekly club and continuing support to individual children and their families.

For more information contact **Valerie Reinthaler** at 412-673-5856 x1209.