**March 412 Youth Zone**

**The Etiquette Dinner Event**

**Thursday**

**March 19th @ 4:30pm**

Join us for a four course meal and learn how to present a professional image while dining with employers and colleagues.

**Activities Around Etiquette**

- **New Foods Friday:** What is a charcuterie board?
  Come find out! March 6th @ 12pm
- **Attire Outings:** Get dressed up for a dime! Staff will assist youth in finding nice clothing that doesn’t break the bank. March 9th at 2pm, and March 12th @ 4pm.
- **Cordial Conversations:** Keep the conversation fun, friendly, and flowing! Learn the ins and outs of polite dinner conversation. March 13th @ 4pm.
- **Set the Table:** Do you know which fork is your salad fork, or how to properly make a place setting? Come find out! March 16th @ 5pm.
- **Lash Out: Dinner Formal:** What is considered appropriate for a formal dinner? When is it okay to rock the bold lipstick? Find out the answer to these questions and much more! March 18th @ 1:30pm.
- **Manners Charades:** Good manners vs bad manners! Do you know which is which? March 26th @ 5pm.
- **Reverse Roles:** Sometimes bad manners are pretty obvious—but do you know what could be done to correct these bad behaviors? Role playing fun! March 27th @ 4pm.
- **Toxic Gossip Game:** You heard some juicy gossip—but it definitely isn’t nice—what should you do? March 31st @ 2pm.

**Spirituality with Boniface**

Join Boniface for fieldtrips, conversations, and other fun activities. This weekly program will run through April 2020. The activities for March are as follows:

- 3rd @ 1:00pm - Shadowing Day
- 17th @ 1:30pm - Studio Jam Session
- 24th @ 1:00pm - Movie Screening
- 31st @ 1:30pm - Prayer Workshop

**News You Can Use**

What we read and watch on the news can have a big impact on our perspective, but not every source is equal. How can we identify bias in the news and distinguish between facts, opinions, and outright misinformation? Join us to unpack a news story and discuss what it all means. March 5th at 5pm, 17th at 2pm, and 25th at 12pm.

**JumpStart Success**

Do you have trouble finding or keeping a job? Are you ready to take the next step in your career but you aren’t sure what to do? Whether you are just entering the workforce, or ready to take your career to the next level - this program is for you! Through comprehensive and interactive job readiness trainings and workshops this curriculum provides a hands-on learning experience with proven results. See staff for more information or to sign up. Sessions run every Tuesday and Wednesday at 4:45pm from February 25th through March 31st. Participants who complete the program are stipend eligible. Next session starts in April.

**Know Your Vote**

2020 is a presidential election year! Join Michelle and Justin to discuss voter registration, party primaries, the difference between the candidates, and more. March 16th at 1:30pm.

**Keepin’ It Real with Shawna**

This monthly group focuses on creative problem solving and tackling issues that youth face everyday. March 30th at 5pm.

**Musical Mindset with Duquesne University**

The 412 Youth Zone is excited to partner with Duquesne University to offer innovative programming focusing on music therapy. Sessions will be held every Thursday in March at 3:30pm.

**Language of Lyrics with Sara**

Join Sara in the music studio and take a deeper dive into what your favorite songs lyrics are really saying. March 10th at 3pm.

**Learn Your Strengths with Duquesne Occupational Therapy**

Join Duquesne Occupational Therapy students on Wednesday, March 11th and 18th at 4pm for engaging programming related to self-esteem and finding your strengths. Activities will focus on the topics of self-identity, identifying strengths, goal setting and goal attainment.

**STEAM Projects with Dale**

Join Dale, Auberre’s Learning Innovation Coordinator, for exciting monthly STEAM projects. For March Dale will be focusing on hand sewn items, and screen printing. Come get hands-on with these exciting workshops! Monday, March 9th at 2pm.

**Therapy Dogs International**

Come pet a playful pup! Volunteers from Therapy Dogs International will be in the Youth Zone through March to provide youth with the opportunity to engage with their trained therapy dogs. Make a fluffy friend on Saturday the 7th & 21st at 12:30pm and on Monday the 16th at 5:30pm.

**Shadowing Day**

Tuesday and Wednesday at 4:45pm from February 25th through March 31st. Participants who complete the program are stipend eligible. Next session starts in April.

**Yahne from A Child’s Place will be bringing a new cycle of Healthy Parenting curriculum to the Youth Zone.**

March are as follows:

- **March 3rd @ 1:00pm**
- **March 7th: Warhol Museum**
  at 12:00pm
- **March 21st: August Wilson Center**
  at 12:00pm
- **March 28th: Day of Service at Global Links & First Lutheran**
  at 12:00pm

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**Book Club**

Interested in reading & discussing books? Join us at the Youth Zone Book Club.

**Current Book:** *Monday’s Not Coming*

**Dates:** March 20th at 4pm and 24th at 1pm.

**Health Talks with Rosie**

Join Rosie, a Youth Engagement Program Coordinator from AmeriCorps, for a discussion on medication, vitamins, and vaccines and the importance of a healthy diet. March 19th at 1pm.

**YZ Essentials**

NEW: Session #2 is here! Learn everything you need to know to get the most out of your Youth Zone experience! Each session earns you a $25.00 stipend.

**Session #1:** March 10th at 2pm

**Session #2:** March 23rd at 4:30pm

**Studio Stories**

Storytelling is a powerful tool to entertain, to connect, and to change the world. Come explore what makes a story worth telling and to practice drafting, telling, and eventually recording a story of your own. March 31st at 3:30pm.

**Studio 101: Foley Art**

How does Hollywood make those cool sound effects? Come find out how to create stumps, crashes, and booms during this interactive studio session. Participants will use found objects to add sound to a film clip and learn the insider secrets of Foley art. March 6th at 2:30pm, and March 20th at 2pm.

**Healthy Parenting**

Yahne from A Child’s Place will be bringing their Healthy Parenting curriculum to the Youth Zone. This program focuses on parenting techniques, self care, and important resources. A new cycle starts March 17th at 3pm. See Rasheena to sign-up.

**LBGTQ Advocacy**

Join Avi from Women’s Center and Shelter to discuss safe and accessible spaces where women and gender diverse individuals within the LGBTQ+ can receive emotional support and advocacy. Tuesdays at 2pm.